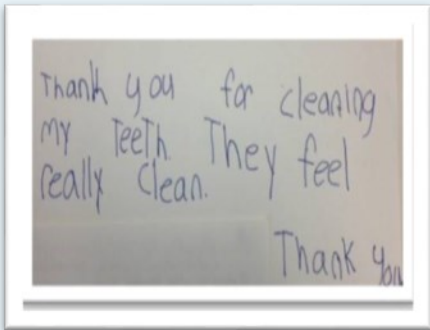


## Help Us Help You

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Patient and family testimonials help us receive donations. Please stop at the front desk to:

- write a note of thanks
- Pose for a picture
- Become a video Ambassador



## We Welcome

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- Children age 1-15
- Lives In Green or Lafayette Counties
- Receives either:
  - Free or Reduced School Lunch
  - ForwardHealth
  - Has no other dental insurance.

The FDC is a volunteer supported, grant and donation funded free clinic.

Our appointments are offered when we have dental providers and may change as necessary.

Patients are seen by appointment only.



*Caring For Children  
Ages 1-15 in  
Green & Lafayette  
Counties*

### **New Location**

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**411 22nd Avenue  
Monroe WI 53566**  
*(Next to Monroe Clinic)*

Phone: 608-328-9404  
Fax: 608-298-5246  
E-mail: [info@FowlerClinic.org](mailto:info@FowlerClinic.org)  
Web: [FowlerClinic.org](http://FowlerClinic.org)

# How To Brush!



**1.** Place brush at angle along outer gumline. Wiggle gently back and forth. Repeat for each tooth.



**2.** Brush inside surface of each tooth, using wiggling technique in Step 1.



**3.** Brush chewing surface of each tooth.



**4.** Use tip of brush to brush behind each front tooth, both top and bottom.



**5.** Don't forget to brush your tongue!

## Monthly Tooth Brushing Chart

Each time you brush, put an "✓" for morning or night.

Limit snacks between meals.

Drink more water.

Use toothpaste with fluoride.

Get dental checkups every 6 months.

Brushing every morning and every night will keep your teeth healthy and bright!

